

ABOUT VMT HOME HEALTH

VMT Home Health is dedicated to providing a wide range of home care services to families and their loved ones. Our mission is to provide the highest quality, safe and compassionate home care to our clients/patients.

VMT offers very flexible scheduling and the most cost-effective options to meet your care needs.

- **Hourly**
- **Nightly**
- **Weekdays**
- **Weekends**

We accept DC Medicaid, Medicare, private pay and most insurances.

WHO MAY BENEFIT?

Any individual that a physician determines has a need for nursing or therapy at home. Or, patients recently discharged from a hospital or long-term care facility, such as a nursing home or rehabilitation center. Patients may be referred by a physician, health care professional, or self-referral.



Ask Your Provider,
Social Worker or
Discharge Planner

**955 L'Enfant Plaza, SW • Suite 985
Washington, D.C. 20024**

**T: 202-282-3004 • F: 202-318-8258
www.vmthc.com**

D.C. HOME HEALTH HOLDINGS LLC



**YOU HAVE
A CHOICE!**

**CALL US TODAY FOR
A FREE CONSULTATION
202-282-3004**



SKILLED NURSING SERVICES

- Home and safety assesment
- Fall prevention and safety program
- Diabetes care program
- Wound and ostomy care
- Incontinence and catheter care
- Post-operative care
- Pain management
- Medication and disease management teaching
- Chronic condition management

SPECIALTY SERVICES

- Physical therapy
- Occupational therapy
- Speech pathology

HOME HEALTH SERVICES

- Bathing and grooming
- Feeding
- Lifting and transferring
- Medication reminders
- Escorts to appointments
- Laundry
- Light housekeeping
- Meal preparation
- Grocery shopping and errands
- Toileting
- Dressing
- Walking

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